

**Colworth Striders
Annual General Meeting
2013**

**Bedford Arms, Souldrop
Friday 15th February 2013**

MINUTES

Present:

Mark Tinkler: Chairman
Trev Cook: Events Secretary
Neil Loader: Minutes Secretary
Tony Dadd: Treasurer
Richard Piron: President
Allan Davies: Vice President
Malcolm Holmes: Vice President

Dave Sheffield, Zoe Sheffield, Stuart Marshall, Willie Young, Alan Wooten, Richard Beard, Mike Statham, Andy Hoddle, Giles Rigarfsford, Stuart Trevallion, Heidi Langley, Helen Woolley, Todd Gouin.

An excellent turn out!

Apologies:

Bill Shingleton, Andrew Evans, Steve Hardy, Paul Stuart, Katrina MacAulay

Minutes of the 2012 AGM

These were accepted as a true record of the meeting,
Proposed by Allan Davies and seconded by Malcolm Holmes.

Chairman's Address

Thank you all for attending this AGM
2012 has been another great year for the Striders

We had all our main events which were all well attended: Cross Country Race, Colworth Mile, Colworth 5 Relay, Colworth 8. But sadly no Colworth Triathlon this year.

Great competition with our monthly Time Trial Handicap - thanks our resident Time Lord Trev for organizingand yourselves for participating.

We entered a Colworth Striders Relay Team in the Round Norfolk Relay and the Thunder 24 hour race - both great weekends and impressive efforts
We won the CONVERTED ' Most Accurate Time Prediction at RNR -
We again finished inside the top 20 of the 200 mixed teams of 8 at TR24

We again sent a squad to the Rotterdam Marathon in April and had usual the fantastic hospitality from our Dutch colleagues

The Colworth Marathon Challenge Weekend was yet again well attended and exceptionally well organized. Thanks to you all for making the weekend the success that it's become.

The amount raised and given to charity over the Weekend is amazing considering the recession.

We have again run our Colworth Energy New Runners Group series of sessions to encourage the Colworth Contingent to get out there - Thanks Andrew and our more experienced not so new runners for driving this. Hopefully they will all enter this year's Colworth 5.

Lastly thanks to all those of you who have turned out to the Tuesday intervals - I promise they will be much easier - short, only down hill with the wind behind - next year

Mark Tinkler Chairman Colworth Striders

Marathon Challenge Report.

Mud, Mud, Glorious Mud!

Despite the weather since April 2012 being amongst the wettest on record, entries were good and the weekend saw 307 complete the Colworth 5, 181 complete the trail race, 216 the half marathon and a respectable 135 complete the full Marathon Challenge. Numbers attending the Friday evening entertainment and BBQ were low due to the poor weather, but by race start time conditions were fine. Saturday will be remembered for the sheer quantity AND quality of the mud. By Sunday, conditions were pretty good.

Ground conditions meant no cars were allowed on the camping field, and the MCW Committee are indebted to Andy, Ray and the team for their understanding and tolerance. Parking for Sunday was re-jigged and worked well, a model we will look to repeat for 2013.

Damien Carr again dominated the racing, however he did not have it all his own way being pushed into 2nd place in the '5'. There were some interesting team selections, and it was good to welcome some new runners and clubs to the Marathon Challenge.

Once again prodigious quantities of cash were raised for local and Colworth relevant charities. Each year Unilever Colworth sponsors the event, and this

year our allocated budget was under spent. The surplus, rather than being returned to the site budget was also donated to charity. I am delighted to say the same arrangement is in place for 2013.

The weekend is firm fixture in the Annual Colworth Calendar. Support from the site leadership is currently strong. This, combined with the experienced and willing organising committee bodes well for the event – however Str1ders reading this who do not currently get involved but would like to, please do not hesitate to contact me bill.shingleton@gmail.com or any member of the Str1ders committee.

Watching the races from the side lines (I'm amazed my cracked rib was not nominated for the Frisbee Award), it was great to see many familiar faces returning to take on the challenge. This is testament to a great formula and the committed, hard working organising committee, well done and thank you.

Treasurer's Report.

Balances perfectly.

Accounts are available to view on the [Str1ders Website](#).

Last years MCW has allowed us to donate £5750 to local charities.

A special resolution was raised for changing the Club account to allow for online banking. Online banking to allow to MCW fees to be received directly. Change to an online account means altering to a single signatory. Auditing would need to be done by the club with a second person reviewing the accounts on a regular basis. Proposed by Tony Dadd, seconded by Stuart Trevallion – carried unanimously.

Treasurer's report and accounts proposed by Trev Cook, seconded by Stuart Trevallion.

Election of Officers.

No change proposed by Malcolm Holmes, seconded by Allan Davies

2013 Events

Rotterdam / Brighton / London Marathons, April

Edinburgh Marathon, May

Colworth 8: 24 May

Colworth 5 Relay: 14th June

MCW: 21st to 23rd June

Handicap 5: 9th July

Thunder Run: 27th & 28th July

Round Norfolk Relay: 14th & 15th September

Chip Butty Run: 20th December (provisional)

Cross Country Race: 28th January 2014

Club Awards

Club Champion: Calculated by our one and only Time Lord, Trev Cook, from all sorts of events that Str1ders participate in over the year, excludes recent winners. The 2012 Club Champion is Dave Sheffield

Str1ders Str1der of the Year – Nominations are:

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| Andy Hoddle | For being mental with this crazy 100 marathon thing and going the extra mile...too far ;) |
| Trev Cook | For his dodgy poetic updates on the Round Norfolk Relay that kept us all motivated and entertained (and winning us the Carrott Shield for timekeeping)
For organising time trials and other Str1ders events (and all the time keeping).
For continued cheerful Timelord duties in all weathers and still remaining chirpy. |
| Sam Windebank | For doing great this year... |
| Andrew Evans | For going the extra (99) miles, for when he did the Lakeland 100. |
| Tony Dadd | For organizing countless events and motivating people to compete in them and for providing treasury services throughout the year. |

- Winner is: **Trev Cook**

Most Improved Str1der: Todd Gouin

Multisporter of the Year: Nick (Nick Nick Nick Nick) Mitchell

Newcomer of the year: Moira Ledbetter, who also scooped the winter handicap award.

The Alan Wooten Frisbee Award –

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| Tony Dadd | Traumatizing other runners from when he forgot his shorts so went for a run in his pants!
For going the wrong way while carrying the real relay baton on the outskirts of Dover, and missing the changeover point.
Also for being injured a lot this year, so must be doing something wrong (getting old) |
| Trev Cook | For outstanding preparation for his last ever race (Stage 3 of the RNR just in case anyone missed the "before and after" photos) |
| Mike Statham | For losing his shoes in the mud at least 6 times. |

Helen Woolley Helen Woolley, several instances of numptiness last year, but the best one for me was training for a race which she forgot to enter and which subsequently filled up! At least she came along to support J

Andy Hoddle Anyone who does as many marathons as him has got to be a bit daft.

- Winner is: **Tony Dadd**
(Therapy is recommended at your own cost for anyone that suffered the sight and is still suffering)

AOB

1. Andy Hoddle would still like to organise a Marathon, limited field of as a Colworth Striders event. The principle was accepted but needs further details especially with regard to insurance, liability and club reputation. Andy to make a formal proposal to the committee and resolve offline.
2. Dave Sheffield has had contact from a Unilever group in France running the Athens marathon in December. Dave will share details via Trev
3. 2014 (and subsequent) AGM is provisionally set for the last Friday in Feb – 28th Feb 2014
4. Special mention and congratulations made to Kevin Shelton-Smith for his achievement in the Spartathlon.